




Which is Right for You?

What is it?	Who is it for?	What types of services?
 <p>Home Health Care Home health is skilled medical care—like physical, speech, and occupational therapy, nursing, and medical social worker services—provided in the comfort of a patient’s home. The goal is to help them regain the health and independence needed to remain safely at home.</p>	<p>People managing chronic disease, recovering from surgery or suffering an unexpected illness that requires professional care.</p>	<ul style="list-style-type: none"> • Skilled Nursing • Physical Therapy • Occupational Therapy • Speech Therapy • Social Worker Services • Home Health Aide Services • Specialty Programs


If home health care is the right choice for you, take the next step by completing our **Request Care** form.

 <p>Palliative Care Palliative care is a specialized approach to medical care focused on providing comfort, as well as physical, emotional, and spiritual support. The goal is to promote patients’ quality of life while they’re still seeking curative treatment.</p>	<p>People with a serious or life-limiting illness.</p>	<ul style="list-style-type: none"> • Physician Support Services • Nurse Practitioner Visits • Social Worker Services • Spiritual Care
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If palliative care is the right choice for you, take the next step by completing our **Request Care** form.

 <p>Hospice Care Hospice care focuses on caring for patients, not curing them. The goal is to reduce pain and suffering, and to promote quality of life.</p>	<p>People who no longer wish to receive curative care and have a life expectancy of six months or less.</p>	<ul style="list-style-type: none"> • Physician Services • Skilled Nursing • Hospice Aide Services • Spiritual Care • Volunteer Services • Bereavement Support • Medication, Equipment and Supplies
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If hospice care is the right choice for you, take the next step by completing our **Request Care** form.

 <p>Personal Care Personal care is a service that provides assistance with light housekeeping, cooking, shopping, and bathing. The goal is to help individuals continue to live independently and remain safe in their homes.</p>	<p>People who need additional support with day-to-day tasks for living at home.</p>	<ul style="list-style-type: none"> • Companion/homemaker services • Overnight assistance • Live-in Care • 24-hour Care • Services related to activities of daily living
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Traditions Health does not offer Personal Care. If you are in need of these types of services, visit **Care.com**.

